

THE
LISTENING PROGRAM[®]

LISTENING GOALS AND RESULTS

Name: _____ Person Recording: _____

Listening Schedule: Extended Base Condensed Individualized Preparatory

Cycle #: _____ Start Date: _____ Completion Date: _____

GOALS

Write down specific goals you wish to accomplish in the following areas and what in addition to The Listening Program you will be doing to achieve those goals.

Today's Date: _____

Concentration, attention, memory _____

Speech, language, communication, voice _____

Listening, auditory processing _____

Mood, behavior, emotional regulation _____

Physical, motor _____

Social _____

GOALS

Sleep _____

Energy level _____

Education _____

Career _____

Creativity _____

Artistic _____

Musical _____

Other _____

LISTENING GOALS AND RESULTS

RESULTS

Write down specific goals you accomplished in the following areas and what, in addition to The Listening Program you did to achieve those goals.

Today's Date: _____

Concentration, attention, memory _____

Speech, language, communication, voice _____

Listening, auditory processing _____

Mood, behavior, emotional regulation _____

Physical, motor _____

Social _____

RESULTS

Sleep _____

Energy level _____

Education _____

Career _____

Creativity _____

Artistic _____

Musical _____

Other _____

